



**Mingus Union**  
High School District #4

# MINGUS MATTERS

APRIL '25

PAGE 1

Every Student Celebrated | Every Student Prepared

## Dear Marauder Families,

As we move into Spring, the Mingus campus is abuzz with important state testing, Prom, Spring sports, and, of course, Graduation!

This month, our freshman and juniors will take the ASPIRE, ACT, and AZ Science Assessments. State testing allows us to measure our student growth and learning and identify areas of focus. Please remind your Marauders to get a good night's sleep and eat a healthy breakfast before testing sessions.

Senior yard signs were distributed to seniors at our cap and gown pick-up event on March 26th. If your senior student has not yet brought one home, encourage them to stop by the bookstore as soon as possible.

The prom is Saturday, April 12th at the Clarkdale Clubhouse. Student Council has done a wonderful job with planning and prepping for this Enchanted dance!

ATORT (Mingus Theatre) is presenting the highly requested play Mamma Mia. Enjoy the phenomenal set, exceptional singing and acting, and music of ABBA from our award-winning group of thespians!

Baseball, softball, track and field, and tennis are all in season and going full speed.

We invite you to join us for our school events and see our amazing Marauders in action!

Preparation for graduation for the Class of 2025 is underway. We are so excited to celebrate our seniors and host our largest, most honored community event of the year. Mark your calendars for May 23rd at 7:00pm to show your support for the Class of 2025!

The graduation after party - Operation Graduation - is in full planning mode - Op Grad is a community party for Mingus graduates that provides a safe and celebratory environment post ceremony. If you are interested in volunteering, please reach out to Sarah Garrett at sgarrett@muhs.com.

As always, thank you for all you do to support your student's learning. Thank you for making Mingus a part of your family's story. Please reach out with any questions you may have or for any information you may need; we value your voice and want to hear from you.

Go Marauders!

### April Dates to Remember

**April 1 & 2 & 8**  
**ACT, ACT Aspire, AzSci Testing**  
\*More info on PG 4

**April 3, 4, 5, & 6**  
**"Mama Mia"**  
**presented by Mingus A.T.O.R.T.**  
\*More Information on PG 6

**April 10**  
**Governing Board Meeting**  
6 - 8pm - MUHS Library

**April 12**  
**MUHS Junior & Senior Prom**  
7-11pm @ Clark Memorial Clubhouse

**April 15**  
**School SITE Council Meeting**  
5pm - MUHS Library

**April 17**  
**Operation Graduation Meeting**  
5:30pm - MUHS Cafeteria  
\*More Information on PG 5

**April 18-21**  
**SPRING HOLIDAY ~ No School**

HAPPY  
Easter



David D. Beery  
Principal  
Mingus Union High School



## CAMPUS EVENTS & RESOURCES

### MUHS COMMUNITY CALENDAR

Today's families are busy, and there's always something happening. Sync your family schedule with ours to avoid missing important testing dates and events when planning vacations and doctor appointments.



**CLICK**

### APRIL 10TH @ 6PM MUHS GOVERNING BOARD



Our governing board is comprised of five locally elected citizens. These individuals ensure the proper allocation of district funds and resources to best serve the needs and interests of our students.

Meetings are open to the community and are held at 6pm in the MUHS Library on the Second Thursday of every month.

### MINGUS UNION HIGH SCHOOL

## SITE COUNCIL

We value your opinion and welcome you to attend and participate in site council meetings

**TUESDAY, APRIL 15TH  
5:00 PM ~ MUHS LIBRARY**



# SUMMER SCHOOL REGISTRATION IS OPEN NOW!

We are excited to be offering several options and formats for Summer School 2025.

### Dates:

- Original Credit starts Tuesday, May 27th - ends Thursday, June 26th
- Credit Recovery starts Thursday, May 29th - ends Thursday, June 26th
- Credit Recovery for Algebra 1 and Geometry will be a hybrid schedule with students coming in person for 3 hours per day and completing additional work from home.

**ALL courses besides CR Algebra 1 and CR Geometry are completed at home in Edgenuity.** You will be responsible for dedicating time to work on your course(s) during Summer School. You must finish your course(s) completely in order to earn the credit. There will be no extensions given.

### Credit Recovery

Students can register for/earn up to 2 credits (4 X .5 credit courses) in Edgenuity.

### Original Credit

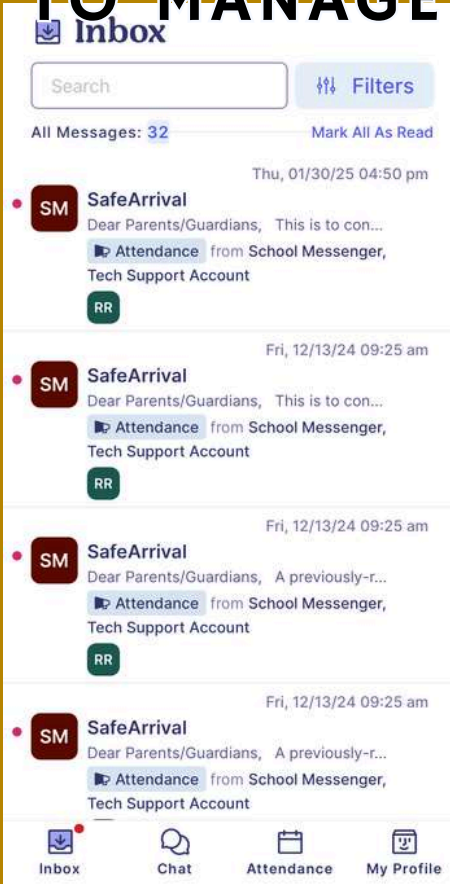
Students can register for/earn 1 original credit (1 course) in Edgenuity.

**Cost: \$100 payable to the Mingus Bookstore**

## SIGN UP TODAY!

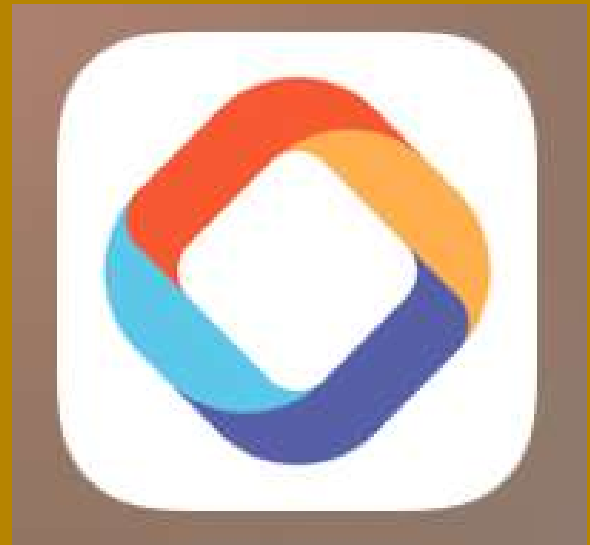


## USE THE SCHOOL MESSENGER HOME APP TO MANAGE YOUR STUDENT'S ABSENCES!



### You can:

- Submit future absences to Mingus Union High School
- Update the way you receive different types of notifications
- Respond to reported unexcused absences



1. Just download the app from the App Store.
2. Enter the requested information (email address) and confirm that you are connecting to the correct student.

## ACT Testing Schedules & Information

- **Tue & \*Wed April 1st & 2nd:**
  - All freshman will take the ACT Aspire
- **Tuesday April 8th:**
  - All juniors will take the ACT
- **TBA\*: March 25 through April 11:**
  - All juniors will take the AzSci

*\*If testing date falls on a Wednesday, the school day will still begin @ 9am*



**ACT**

**ACT**  
ACT IS THE STATEWIDE  
HIGH SCHOOL  
ACHIEVEMENT TEST,  
WHICH WILL BE  
ADMINISTERED TO  
STUDENTS IN  
GRADE 11/COHORT 2026.

**ACT ASPIRE**  
ACT ASPIRE IS  
THE STATEWIDE  
HIGH SCHOOL  
ACHIEVEMENT TEST,  
WHICH WILL BE  
ADMINISTERED TO  
STUDENTS IN GRADE  
9/COHORT 2028.

### TESTING TIPS!!!

- Get a good night's sleep before test day
- Turn off cell phones and leave out of sight until testing is complete
- Be on time
- Wear comfortable clothing and eat a healthy breakfast
- As you get started, take a few deep breaths to calm yourself and keep a positive attitude.
- Listen carefully to instructions and ask questions if you hear something you don't understand.
- Focus your attention entirely on your work.
- Pace yourself and occasionally check the time.
- If you finish before time is up, reread the questions and check your answers.





# 37th Annual Operation Graduation

May 23rd, 2025 @ Cottonwood Rec Center

Preparations for Operation Graduation's 37th successful year celebrating our Mingus Union High School graduates are in the works and we need your **HELP!**

Operation Graduation is a **FREE**, safe, adult-chaperoned event for MUHS 2025 graduates that takes place after the graduation ceremony. Each graduate will receive a ticket for the **PRIZE** drawings! Tickets are drawn for prizes, such as computers, electronics, sports equipment, gift certificates, music, movies, & the **BIG prize of \$2,025 CASH!!!**

OpGrad is possible *only* through volunteer efforts and *community support*. This event is planned and run strictly by volunteers so that all donations received are used for the celebration, which includes the facility & equipment rental costs. You may contact one of the committee members listed below to make arrangements to pick up your donation. Donations can also be delivered to the MUHS office.

If you prefer, monetary donations can be mailed to the school (that information is at the bottom of this flyer), or made directly to our Mingus Connection account, and are greatly appreciated.

**THANK YOU** for making this a safe and fun-filled evening that our graduates can remember for a lifetime!!

## Operation Graduation Committee 2025

- \* Mandy Labrie - Chairperson ~ 928-301-9023
- \* Juliana Saravo - Treasurer ~ 928-301-1894
- \* Danielle Huntress-Rosenberg - Entertainment ~ 928-301-2805
- \* Beth Fangman - Prizes ~ 928-300-3131
- \* Nicole Gordon - Fundraising ~ 928-300-1101
- \* Barbie Duncan - Mingus Connection ~ 928-301-4687

### ENTERTAINMENT

A variety of entertainment is provided. Activities include climbing wall, karaoke, ping-pong, pool, Sharpie tattoos...  
Have an idea for us?  
Contact us to donate services or equipment for entertainment!

### PRIZES

Each graduate present is entered into drawings to receive prizes including:  
Cash, computers, appliances, electronics, sports equipment, gift certificates, music, movies, etc...

### FOOD

Donations of food and drinks for the event are greatly appreciated!

### SERVICES

Many types of services and volunteers are needed! These include volunteers to supervise during the event, trash pickup, equipment rental and more.

Make Checks payable to:  
**Operation Graduation 2025**  
Mail to:  
Operation Graduation  
c/o Mingus Connection  
1801 E. Fir Street  
Cottonwood, AZ 86326

**To donate funds to Operation Graduation:**  
Scan QR code or enter link below in your browser.  
<https://www.azgives.org/MingusConnection>  
Monetary donations are used to buy prizes, pay for entertainment, food, etc.



MINGUS CONNECTION TAX ID # 86-0718225

# JOIN US!

on April 17th @ 5:30 pm in The MUHS Cafeteria  
to hear more about OpGrad and how you can help!



MINGUS A.T.O.R.T. PROUDLY PRESENTS

# MAMMA MIA!

MUSIC AND LYRICS BY  
**Benny Andersson**  
**Björn Ulvaeus**

AND SOME SONGS BY **Stig Anderson**

BOOK BY **Catherine Johnson**

ORIGINALLY CONCEIVED BY **Judy Craymer**

**NOW SHOWING**

Sat, March 29th at 6:30pm

Sun, March 30th at 3:00pm

Thur, April 3rd at 6:30pm

**'Sing-a-long Show'**

Fri, April 4th at 6:30pm

Sat, April 5th at 6:30pm

Sun, April 6th at 3:00pm

**TICKETS**

available at [atort.ludus.com](http://atort.ludus.com)

or call the box office

(928) 649-4466

Adults \$15

Seniors \$14

Students/Children \$10

All tickets \$3 more at the door

MAMMA MIA! is presented through special arrangement with Music Theatre International (MTI). All authorized performance materials are also supplied by MTI. [www.mtirows.com](http://www.mtirows.com)



## SENIOR SPOTLIGHT

### Diego Portillo-Morales



Diego plans to Study at NAU for business when he graduates from Mingus this year. One of his favorite experiences at Mingus was creating films and editing in Mrs. Lafrance's digital media class. He also enjoyed being part of LINK Crew which helped incoming freshmen adjust and feel comfortable coming into high school. And this year he is participating in the Yavapai College Early College Academy which is an opportunity for MUHS Seniors to not only complete their required courses for High School graduation, but also attend College classes on the Yavapai campus and earn College credit for their future. In five years, Diego would like to put his business education to good use by either managing a business or possibly creating one of his own.

For fun, He likes to hang out with friends and listen to music! If he could go back in time and talk to himself as a freshman, he would tell himself to stop trying to be liked by everyone and don't be someone you know you're not.

Diego's counselors say that he is a young man with great character. He is a good friend, a respectful student, and a forward thinker. Diego speaks his mind with honesty, respect, kindness and thoughtfulness, demonstrating maturity beyond his years. He has excelled in all of his college classes, and his positive attitude and work ethic makes him a standout student. They are confident Diego will continue to succeed and inspire others as he moves forward.

## STAFF SPOTLIGHT

### Oouida Dorr

Photography Teacher, Science Resource Teacher and School Bus Driver



Oouida Dorr has been an educator for 27 years, and the last 21 of them here at Mingus Union High School. Also, in the last 11 years she has driven a daily Mingus school bus route before and after school.

Before becoming a teacher, she was a Pastry Chef and lived and worked all over the US and beyond. Oouida has a deep-seated belief/faith that being a responsible member of a loving and supportive community is of the utmost importance. She believes it is important for students to know that they are free to choose, but are never free from the consequences of your choices... So always strive to make GOOD choices! Also, it is far easier to STAY out of trouble than it is to GET out of trouble! So do what is healthy and stay out of trouble!

Oouida LOVES working with young people, traveling, making art, creating photographs, hiking, camping, cycling, reading, cooking/baking, feeding and nurturing people and does all these things at ANY and EVERY opportunity! Becoming a better human, parent, partner, sibling, teacher, neighbor and friend is paramount to her life's ambition. She finds solace and reverence in nature and feels deeply grateful and very, very blessed! When lacking motivation, she finds inspiration in working as a member of such an amazing team of educators!

## MARAUDER of the MONTH

TEACHERS AND COACHES ARE ASKED TO NOMINATE STUDENTS IN ALL ACADEMICS AND ATHLETICS DEPARTMENTS. THESE STUDENTS ARE THEN VOTED ON AMONGST THOSE TEACHERS & COACHES TO CHOOSE FINALISTS TO RECOGNIZE EACH MONTH. THESE STUDENTS ARE HIGHLIGHTED IN OUR NEWSLETTER AND INVITED TO RECEIVE RECOGNITION IN FRONT OF OUR COMMUNITY AT THE FOLLOWING MONTH'S BOARD MEETING.

*Cina Hoelting*

*Theron Robertson*

*Jayce Lawler*



ENGLISH & LITERATURE

SOCIAL STUDIES

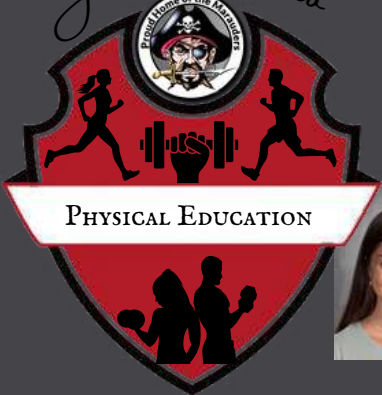
FOREIGN LANGUAGE

NO  
MEDIA  
RELEASE

*Jack Murphy*

*Alice Rossata*

*Zion Mark*



SCIENCE

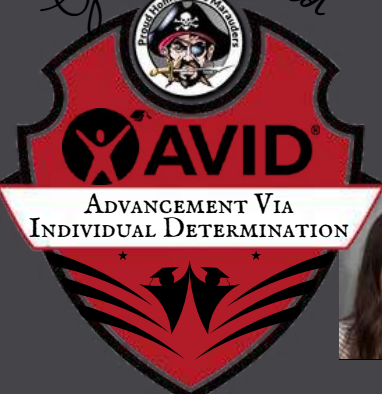
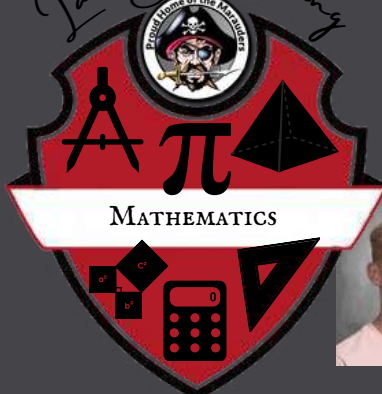
PHYSICAL EDUCATION

PERFORMING & VISUAL ARTS

*Jane Armstrong*

*Evelyn Bause*

*Grace Linford*



MATHEMATICS

CAREER & TECHNICAL  
EDUCATION

ADVANCEMENT VIA  
INDIVIDUAL DETERMINATION

*Ethan Baird*

*Brianka Villalobos*

*Aaliyah Lopez*



MALE ATHLETE

FEMALE ATHLETE

PURSING VICTORY  
WITH HONORS

NO  
PHOTO  
RELEASE





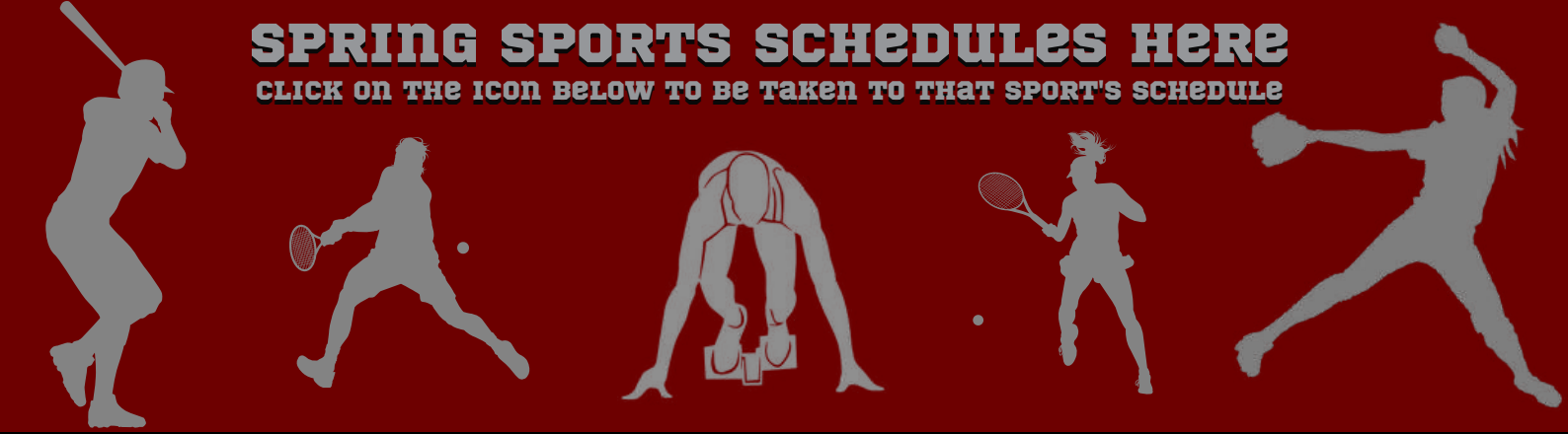
All current athletic events, team schedules and coaching information are posted to the [athletics page](#) for quick viewing. You can also subscribe to the [calendar](#) and receive daily emails by clicking the link below, then subscribe in the top right corner.

\*Schedules are subject to change, so check often or call the athletic department for more info!



## SPRING SPORTS SCHEDULES HERE

CLICK ON THE ICON BELOW TO BE TAKEN TO THAT SPORT'S SCHEDULE



Our Lady Marauders Basketball team fought their way through the Bradshaw Mountain Bears in their play-in tournament and then through the Douglas Trojans and the Mica Mountain Thunderbolts to advance into the semifinals to face



off against the Flagstaff Lady Eagles for a shot at the State Championship! Our Marauder cheering section made it's way up to Flagstaff for the State Playoff game, but unfortunately the game was a loss. What a way to end an amazing season!  
**WAY TO GO LADY MARAUDERS!!**

# CONGRATULATIONS TO OUR COLLEGE-BOUND MARAUDER ATHLETES!!!

**KOBY De La Haye  
GOLDEN WEST COLLEGE  
IN CALIFORNIA**



**XZAYVIER BUCKNER  
GATEWAY COMMUNITY  
COLLEGE IN ARIZONA**



**ALICE KINSEY  
GLENDALE COMMUNITY  
COLLEGE IN ARIZONA**





FOUR STUDENTS FROM MUHS  
AUTOMOTIVE CAREERS &  
TECHNOLOGY CLASS COMPETED  
IN THE SKILLSUSA REGION 4  
COMPETITIONS IN JANUARY.

Congratulations to ALDO LOPEZ for his  
1st place gold metal performance.

All 4 Auto students qualified and  
will be going to state SkillsUSA  
competitions April 22nd & 23rd.

ALDO LOPEZ, JOHNATHAN LIBBY,  
JORDAN WATSON AND CAMERON WALKER



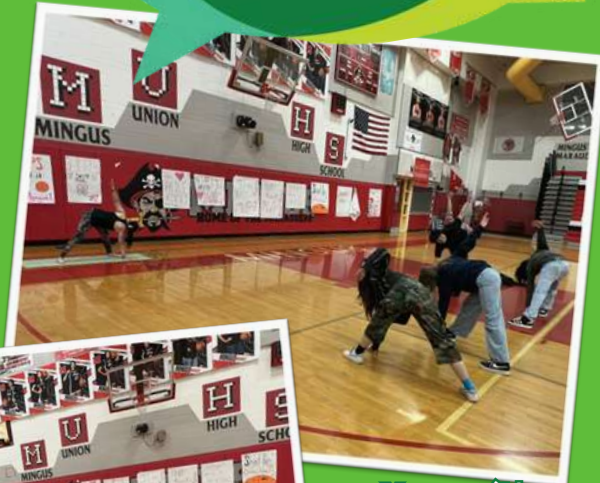
## 2025 National BC2M Week

This year, our Bring Change to Mind club participated in  
the national BC2M week, sponsoring activities such as:

- Calming playlist posted on campus
- Sensory strips handed out to ALL students via Advisory
- Lunchtime Yoga with Ms. Swesey
- Wear Green awareness day
- Bracelet making at our weekly meeting



**Bracelet Making**  
Club members at  
bracelet making:  
Ashley Gonzalez  
and Addi Hughes  
look through  
available beads,  
Kayta Aronson  
and Kenzie  
Fangman  
showcase their  
new swag



**Yoga with  
Ms. Swesey**  
Club members at  
lunchtime yoga:  
Scarlet Stroh,  
Lehua Starlight,  
Eduardo Rivera,  
Felix Rodriguez,  
and Braulio (Tito)  
Galindo



Calming Playlist Poster

**THE GOAL OF BC2M  
IS TO REDUCE  
STIGMA AND  
INCREASE SUPPORT  
FOR MENTAL HEALTH  
AND WELLNESS**





VALLEY  
ACADEMY FOR  
CAREER AND  
TECHNOLOGY  
EDUCATION



## VACTE - The Valley Academy of Career & Technology Education would like to highlight our FIRE SCIENCE PROGRAM

The Fire Science class is a college-level course that is designed to prepare entry – level firefighters to successfully achieve Arizona Center for Fire Service Excellence Fire Fighter I & II, Hazmat Certifications. It will teach students to understand and manage the role and function of a firefighter as outlined in NFPA 1001 - Standard for Fire Fighter Professional Qualifications. This course is hazardous by its nature and includes high-risk functions such as the use of a Self-Contained Breathing Apparatus, Wildland training, power tool operations, ladder operations, roof ventilations skills, vehicle extrication, and live firefighting exercises. Students conduct hands-on activities which prepare them for mentally and physically challenging experiences.

The VACTE Firefighter Certification Academy will earn 18 Yavapai College credits. The students will use the IFSTA Essentials 7th edition textbook including fire department operations, Firefighting equipment, tools, and safety. There is an emphasis on the chemistry of fire, techniques and skills of a firefighter, and utilization of equipment and tools used in the fire service. This academic preparation is for Arizona Center for Fire Service Excellence Fire Fighter I & II certification, and all the Job Performance Requirements associated with it. The class will include physically demanding work and various skills courses that will allow you to be able to function on the fire ground.



VACTE currently employs 3 firefighting instructors, Eric Ostler, Jeremy Doerksen, and Sal Unale. Eric Ostler and Sal Unale are current fire fighters from Copper Canyon Fire & Medical Department and Jeremy Doerksen is a current firefighter for Cottonwood Fire Department.





## STUDENT EXCHANGE PROGRAM

Please note these students are sponsored by the State Department to promote peace and diplomacy amongst former Soviet Union countries and the US. Students are selected based on their leadership, academics and personalities. They are provided a monthly stipend full, medical insurance, and school funds. The student can share a room with a closely aged sibling. Students arrive in August only if they have a family and are presently anxiously waiting to see where in the US they may be living. This is a great way to bring cultural diversity into your world and become global citizens.

**Bota is 16 years old and in 11th grade. She is from Kazakstan and lives with her grandparents. Her interests are Model UN Human Rights and debate. She is interested in becoming a chemical engineer or going into political science. Her teacher gave her all excellent reports in personality traits and states that she is respectful; a leader; and connects well with her peers.**

**Feruza is also 16 years old and is from Uzbekistan. She loves volunteering, debate, dance and public speaking. This young woman enjoys journalism and would like to learn to play the piano better. Her teacher describes her as open minded: a good communicator who is motivated with strong leadership skills and is respectful. Feruza also received all excellent reports in personality traits.**

**Polina, 16, from Ukraine, loves swimming, volunteering, student council, baking, dance and photography. Her teacher describes her as sociable, flexible, with tremendous potential. She helps others; is friendly, honest, and never lets people down. She received all excellents in personality traits. Polina states she will bring her sense of humor and can't wait to meet you**

**Baseball. Barbeques. Birthday celebrations. You've got so much to offer! Wouldn't you love to share your little corner of America with a PAX high school exchange student from the prestigious Future Leaders Exchange (FLEX) Program? Established by Congress in 1992 under the FREEDOM Support Act following the collapse of the Soviet Union, the program provides merit-based scholarships for students from post-Soviet countries. Through person-to-person exchange, FLEX students learn about American society and values, acquire leadership skills, develop their sense of civic responsibility, and help educate Americans about their own countries and cultures. Invite an international student into your home and watch how you all grow!**

**Tetiana, is also 16 and from Ukraine. She lives with her grandparents and two siblings. She states her family is Christian. Her hobbies include dance, painting, and graphic design. Tetiana is obsessed with pets and wants to be involved in volunteering in the US. She can't wait to meet you and wants to thank you for choosing her.**

For more information contact  
**Marcia Goebel**  
marciagoebel@yahoo.com  
(928)301-9868





## Community Events & Resources

There's no doubt that our Verde Valley community knows how to come together to support those who live here! This page will list some of those amazing Community Resources and let you know some of the events and happenings they have planned this month.

*Inspiring CHANGE*  *Providing HOPE*

**Old Town Mission**  
116 E. Pinal Street  
Cottonwood  
928-634-7869

**Mission Thrift Store**  
810 W Mingus Ave  
Cottonwood  
928-634-1644

*Sharing God's LOVE*

**FOOD PANTRY**  
Wednesday: 9 am - 2 pm & 4 pm - 6 pm  
Thursday: 9 am - 2 pm

**COMMUNITY MEALS**  
Monday, Tuesday & Friday: 11:30 am-12:30 pm  
Monday: 5 pm - 6 pm  
Wednesday: 4 pm - 6 pm (**Served to-go only**)

**RESOURCE CENTER**  
\* Available for those without residence:  
Showers, breakfast, clothes, hygiene & resources  
Monday, Tuesday & Friday 9 am - 11 am

**THE KIDS SHOP**  
Monday - Thursday 9 am - 2 pm  
Monday 5 pm - 6 pm  
or call for an appointment 928-634-7869

**HAIR SALON**  
Monday 4 pm to 5:30 pm  
Tuesday: 9 am - 12:30 pm pm

**VISION**  
1st Tuesday/month  
10 am - 11 am

**LEGAL**  
Call: 928-634-7869

**MISSION THRIFT STORE**  
Clothing vouchers can be used Tuesday - Friday 9am to 4pm  
Tuesday - Saturday: 9 am to 5 pm  
810 W. Mingus Ave. in Cottonwood

**The Mission is a SNAP Community Partner**

This project has been funded at least in part with Federal funds from the USDA.

This institution is an equal opportunity employer and provider.



**LISA**  
Low Income Student Aid

Supporting Student Success  
Through Community Compassion

Some ways LISA can assist your student:

- Medical bills, prescriptions, therapy, etc
- Clothing, shoes, coats
- Hair cuts & personal hygiene items
- Outstanding cafeteria balances
- Book purchases & class tuition
- Admission to school events
- Graduation Expenses
- School supplies & special needs devices
- Childcare costs & pre-school tuition
- Fees for extracurricular activities
- College deposits & testing fees
- Birthdays & Holidays



Qualifying students include those who attend Oak Creek School, Dr. Daniel Bright School, Cottonwood Community School, as well as their graduates currently attending Mingus Union High School or Verde Tech High School. We also assist students attending West Sedona School, Red Rock Jr. High and Sr. High School.

LISA is a 501C(3) charitable organization that provides aid to public school students in the Verde Valley.  
Request aid at [azlisa.org](http://azlisa.org)

**CHECK OUT THE NEW MOHELP.ORG!**

Now featuring comprehensive services. Find out what you are eligible for!



**MOHELP.ORG**

**MOHELP**  
Bringing Communities Together





<b>BREAKFAST</b>				
<b>APRIL 2025</b>				
Monday, Tuesday, Thursday, Friday: 7:30 AM – 7:55 AM Wednesday: 8:30 AM – 8:55 AM				
Students: \$1.50 / Adults: \$3.00				
Mingus Union High School				
Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Breakfast Corndog or Egg and Sausage Breakfast Tornado	<b>2</b> Cinnamon Eggo Waffles w/ Sausage Patties	<b>3</b> Country Style Biscuits and Gravy	<b>4</b> Fresh Baked Frosted Cinnamon Roll
<b>7</b> Homemade Chorizo and Egg Breakfast Burrito	<b>8</b> Maple Waffle Chicken Sandwich	<b>9</b> French Toast Sticks w/ Sausage Patties	<b>10</b> Country Style Biscuits and Gravy	<b>11</b> Fresh Baked Frosted Cinnamon Roll
<b>14</b> Homemade Sausage Egg and Potato Breakfast Burrito	<b>15</b> Breakfast Corndog or Egg and Sausage Breakfast Tornado	<b>16</b> Cinnamon Eggo Waffles w/ Sausage Patties	<b>17</b> Country Style Biscuits and Gravy	<b>18</b> No School
<b>21</b> No School	<b>22</b> Maple Waffle Chicken Sandwich	<b>23</b> French Toast Sticks w/ Sausage Patties	<b>24</b> Country Style Biscuits and Gravy	<b>25</b> Fresh Baked Frosted Cinnamon Roll
<b>28</b> Homemade Sausage Egg and Potato Breakfast Burrito	<b>29</b> Breakfast Corndog or Egg and Sausage Breakfast Tornado	<b>30</b> Cinnamon Eggo Waffles w/ Sausage Patties		

Alternative Meals: Granola + Yogurt, Uncrustable PB&J, Whole Grain Cereal.  
All Breakfast Meals Served with Fresh Fruit and Milk

<b>LUNCH</b>				
<b>APRIL 2025</b>				
Monday, Friday: 11:50 AM – 12:25 PM Tuesday, Thursday: 11:50 AM – 12:35 PM Wednesday: 11:50 AM – 12:45 PM				
Students: \$3.00 / Adults: \$5.00				
Mingus Union High School				
Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Loaded Nachos Refried Beans Lettuce and Tomato	<b>2</b> All Beef Hotdog Tater Tots Steamed Carrots	<b>3</b> Chicken Eggrolls Veg Fried Rice Broccoli and Cauliflower	<b>4</b> Cheese Stuffed Breadsticks Marinara Dipping Sauce
<b>7</b> Boneless Chicken Wings Whole Grain Roll Celery and Carrots	<b>8</b> Chicken Enchilada Casserole Refried Beans Lettuce and Tomato	<b>9</b> All Beef Hotdog Tater Tots Steamed Carrots	<b>10</b> Teriyaki Chicken Veg Fried Rice Broccoli and Cauliflower	<b>11</b> Pepperoni or Cheese Pizza Celery and Carrots
<b>14</b> Popcorn Chicken Mashed Potato Bowl Whole Grain Roll Steamed Peas	<b>15</b> Birria and Cheese Pupusa Refried Beans Lettuce and Tomato	<b>16</b> Corndog Waffle Fries Steamed Carrots	<b>17</b> Orange Chicken Veg Fried Rice Broccoli and Cauliflower	<b>18</b> No School
<b>21</b> No School	<b>22</b> Doritos Walking Taco Refried Beans Lettuce and Tomato	<b>23</b> Mac and Cheese Soft Pretzel Steamed Peas	<b>24</b> Chicken Eggrolls Veg Fried Rice Broccoli and Cauliflower	<b>25</b> French Bread Pizza Marinara Dipping Sauce Celery and Carrots
<b>28</b> Spicy or Regular Chicken Tenders Whole Grain Roll Celery and Carrots	<b>29</b> Loaded Nachos Refried Beans Lettuce and Tomato	<b>30</b> BBQ Pork Rib Sandwich Steamed Peas		

Alternative Meals: Grilled Cheese, Uncrustable PB&J, Hamburger, Cheeseburger, Spicy Chicken Sandwich, Bean and Cheese Burrito, Personal Pizza  
All Lunch Meals Served with Fresh Fruit and Milk