

# MAY 2024

# Mingus Union High School

# BREAKFAST

**Meal Prices:**

<b>Students</b>	<b>\$1.50</b>
Breakfast	
Lunch	<b>\$3.00</b>

**Adults**

<b>\$3.00</b>
\$5.00



**Nutrition Tip:** Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.



Reference: USDA MyPlate

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



Banana Bread 1  
Assorted Muffins

Biscuits & Gravy 2  
Super Donut

*No School* 3

Pancake on a Stick 6  
Cinnamon Pancakes

Homemade Breakfast Burrito 7  
Fresh Baked Cinnamon Roll

Banana Bread 8  
Assorted Muffins

Biscuits & Gravy 9  
Super Donut

Fresh Baked Cinnamon Roll 10  
Banana Chocolate Chunk Breakfast Bar

Pancake on a Stick 13  
Cinnamon Pancakes

Homemade Breakfast Burrito 14  
Fresh Baked Cinnamon Roll

Banana Bread 15  
Assorted Muffins

Biscuits & Gravy 16  
Super Donut

Fresh Baked Cinnamon Roll 17  
Banana Chocolate Chunk Breakfast Bar

Pancake on a Stick 20  
Cinnamon Pancakes

Homemade Breakfast Burrito 21  
Fresh Baked Cinnamon Roll

22  
Assorted Entrée Choices

Last Day of School 23  
Assorted Entrée Choices

1<sup>st</sup> Day of School for the 24-25 school year... 24  
  
August 1, 2024

*Memorial Day* 27

*Enjoy your summer!* 28

29

**Additional Entrees Offered Daily:** 30  
Yogurt  
Mini Yogurt Parfait  
Cereal  
String Cheese

**Offered Daily:** 31  
Assorted Fresh & Canned Fruits  
100% Juice  
1% White Milk  
Fat Free Chocolate Milk