



Mingus Union
High School District #4

NOV 2024

MINGUS MATTERS

PAGE 1

Every Student Celebrated | Every Student Prepared

Hello Marauder Families!

As our fourth month of the school year begins, please continue to encourage your student(s) to take advantage of Academic Overtime before and after school to get assistance, improve understanding, and raise their grades in any course they are struggling in. The pace of classes typically picks up during this time of year, and the next few weeks are usually a reliable predictor of how students will finish the first semester. This is a great time to really help students with motivation, perseverance, and completing goals!

One area we've noticed students struggling with is organization, especially time management. Be sure to check in with your student(s) and make sure they are keeping track of and turning in assignments. Encourage the use of a planner or electronic calendar to keep track of important events, assignments, and reminders for other responsibilities. When they feel overwhelmed, many students benefit from making a list of tasks and prioritizing them to help things be manageable and give them a starting point.

Our winter sports season is beginning, and is heavy on team sports with basketball, soccer, and wrestling all taking place. Be sure any student-athletes who want to try out for any of these sports has completed their athletic physical and registered with Family ID. Information about winter sports can be found in our front office from our athletics department. There is a winter sports parent meeting on 11/8 at 6:30pm in the Main Gym.

November will start with our award-winning theatre program finishing up their performance of Murder On The Orient Express on 11/2 & 11/3. Remember we DO have school on Election Day (11/5) and we do NOT have school on Veteran's Day (11/11). There is a Governing Board meeting on the 14th at 6 pm, and a SITE Council meeting on the 19th at 5 pm, both in the library.

SITE Council is an exciting way for parents and students to get more involved in the school and in decision-making at our school. I'd love to get more parents and students involved in SITE Council. Anyone is welcome to attend! We will be having students present, planning parent/community walkthroughs, and other school activities at this month's meeting.

This month concludes with our Thanksgiving Break 11/27-11/29. Please check the calendars for other important events and dates on our campus this month!



November Dates to Remember

November 2 & 3
"Murder on the Orient Express"
presented by Mingus A.T.O.R.T.
*More Information on PG 5

November 11th
Veterans Day
No School

November 12th
Winter Sports Parent Night
6 - 7pm / MUHS Main Gym
*More information on page 9

November 14th
Governing Board Meeting
6 - 8pm / MUHS Library
Regular Session
*More information on page 2

November 19th
Site Council Meeting
5pm / MUHS Library
*More information on page 2

November 27 - November 29
THANKSGIVING BREAK
No School



David D. Beery
Principal
Mingus Union High School



CAMPUS EVENTS & RESOURCES

NOVEMBER 14TH @ 6PM

MUHS GOVERNING BOARD



Our governing board is comprised of five locally elected citizens. These individuals ensure the proper allocation of district funds and resources to best serve the needs and interests of our students.

Meetings are open to the community and are held at 6pm in the MUHS Library on the Second Thursday of every month.

MUHS COMMUNITY CALENDAR

Today's families are busy, and there's always something happening. Sync your family schedule with ours to avoid missing important testing dates and events when planning vacations and doctor appointments.



CLICK

MINGUS UNION HIGH SCHOOL



SITE COUNCIL

We value your opinion and welcome you to attend and participate in site council meetings

**TUESDAY NOVEMBER 19TH
5:00 PM ~ MUHS LIBRARY**

MARRAUDERS



Thursday
Dec. 5th
5 - 8 p.m.

SONIC

JOIN US AT
SPIRIT NIGHT!

Dear Students, Parents and Teachers!

Join us for
MINGUS UNION HIGH SCHOOL
Spirit Night @ Sonic Drive-In!

All you have to do is eat at the Sonic Drive-In located at 1050 E SR -89A, Cottonwood.

This is how it works: Come and eat with us on Thursday Dec. 5 between the hours of 5-8 p.m. We keep a running total of how much money is spent during those hours and 10% is given directly to your school! The more that is spent, the more your school earns, so bring your family and friends.

What a fun, easy way to earn money for your school!

See you there!



It is our goal to make sure students have what they need to be successful here at School and out in our Community!

The Hope Center provides a wide variety of items on campus as well as contact information for community resources

Sarah Garrett
Community & Family Outreach Coordinator
Call: 928-263-2875
Email: sgarrett@muhs.com

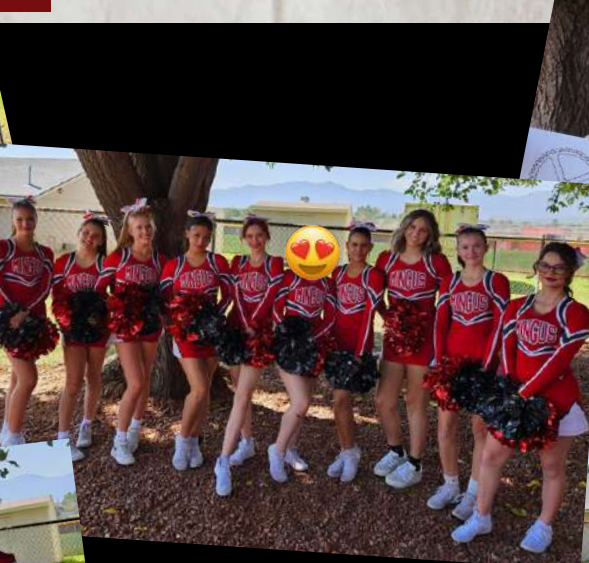
Contact us for more information or to make an appointment for assistance.

Order your
SENIOR AD
at yearbookforever.com!

Walsworth yearbooks

It is best to have ads submitted by the end of December to assure they make it into the yearbook!

Please reach out the MUHS Office if you have any questions!



MINGUS UNION HIGH SCHOOL RECENTLY HELD AN EXCITING HOMECOMING HALLWAY PARADE, AN EVENT ORGANIZED BY THE MUHS BAND PROGRAM TO BOOST SCHOOL SPIRIT AND UNITY BEFORE THE BIG HOMECOMING ASSEMBLY. THE PARADE BROUGHT VIBRANT ENERGY TO THE CAMPUS AS REPRESENTATIVES FROM VARIOUS SCHOOL ORGANIZATIONS STORMED THROUGH THE HALLWAYS, FILLING THE AIR WITH MUSIC, CHANTS, AND CHEERS. THE BAND LED THE WAY, PLAYING LIVELY TUNES, WHILE OTHER GROUPS, INCLUDING THEATRE, AVID, INTERACT, AND SEVERAL SPORTS TEAMS LIKE BOYS BASKETBALL, BASEBALL, FOOTBALL, SWIM, AND CHEER, FOLLOWED WITH BANNERS AND ENTHUSIASTIC CHANTS.

THE HOMECOMING HALLWAY PARADE WAS A HUGE SUCCESS, WITH BOTH TEACHERS AND STUDENTS THOROUGHLY ENJOYING THE FESTIVE ATMOSPHERE. IT WAS A POWERFUL WAY TO CELEBRATE TOGETHERNESS AND SHOWCASE THE DIVERSE TALENTS AND SPIRIT OF THE SCHOOL COMMUNITY. THE EVENT SET THE PERFECT TONE FOR THE HOMECOMING ASSEMBLY, LEAVING EVERYONE IN HIGH SPIRITS AND READY TO CELEBRATE A MEMORABLE HOMECOMING WEEK



Don't miss your
chance to see:



ATORT Proudly Presents
 Agatha Christie's
**MURDER ON THE
 ORIENT EXPRESS**
 Adapted by Ken Ludwig

SHOWING in the Mingus Union HS Auditorium

Friday, October 25th at 6:30pm
 Saturday, October 26th at 6:30pm
 Sunday, October 27th at 2:00pm
 Saturday, November 2nd at 6:30pm
 Sunday, November 3rd at 2:00pm

Tickets at atort.ludus.com

\$13 Adult
 \$12 Senior
 \$8 Student/Children
 All tickets \$3 more at the door



Agatha Christie
Express with Cor





MUHS Latino Student Union

- **Hispanic Heritage Month Celebrations:**

We had fun playing lotería with other students in the courtyard during lunch!

During our Spirit week we had dress-up days for all on campus to dress as a Lotería card, future profession, Latino idol, represent country colors, dress Vaquero and Vaquera for a Baile in the gym at lunch.

We had fun celebrating our culture!

- **Manzanita Outreach:**

We went together as a club to volunteer our time packaging food for donation to Verde Valley families.

We had a great time serving our community!

- **Día de los Muertos (Day of the Dead)**

Throughout the week of October 28 and November 1st all students and staff will be invited to decorate sugar skulls on Wednesday or purchase a battery lit candle for \$1 in memory of a lost loved one to place on our community Ofrenda. A fun way to share the Latino culture with our community!

Manzanita Outreach



Last year's ofrenda! →



Lotería day!



SENIOR SPOTLIGHT

Ashley Gonzalez



Ashley wants to go to college and pursue a career where she can make a good change for the world. There is no doubt that she will be able to accomplish that based on all the positive changes and contributions she has made at Mingus. According to the Interact Club leader, Ms. Ventura, Ashley's energy, enthusiasm and dedication were essential in rebuilding the club after COVID. Her teachers describe her as a kind, outstanding and highly active student who does not shy away from leadership rolls and always does what she says she will do. She is admired for her bravery, work ethic and compassion, and for her ability to inspire, guide and support her peers in two languages, English and Spanish. Ashley is currently enrolled in VACTE's Certified Nursing Program, she is a member of Interact Club, Latino Student Union, National Honors Society, Bring Change to Mind, and was a member of the Teen Advisory Board of Bring Change to Mind of Arizona 2023-2024. She believes all the different extracurricular activities she participates in bring her new insights of what change can look like if people take action. Her best high school memory has been partaking in community service events. She is particularly fond of Purple Pinky, WAPI Wednesday, and Walk-A-Thon by Interact. She believes you should live the moment and appreciate the good and the bad. If she could go back in time, she would tell her freshman self to make the most of her years and not take them for granted because you will not get them back. She hopes the future takes her on a steady path that involves stability and to a place where she can accomplish her goals or has the opportunity to full fill them. Ashley enjoys reading, listening to music, and spending time with her family, as well as hiking and being outdoors.

STAFF SPOTLIGHT

Eunice Bailey
Bookstore Manager



Eunice Bailey is our Bookstore Manager. Her peers describe her as an amazing coworker who is always patient and helpful to everyone she encounters, is involved in everything, and has a wonderful rapport with students across all grades. Mrs. Bailey is a MUHS alumna and has worked at the bookstore for 10 years. Prior to working at the bookstore, she worked with the Special Education Department for 4 years. She loves her interactions with staff and students and is excited to see what every new day brings. She believes every day is a new day and to stay motivated you need to start fresh and not bring yesterday's mistakes with you. You need to learn to be gracious with yourself and remember that there is always someone in your life who wants to see you succeed. She feels that it is important to live your best life everyday because you only get one life to live. She loves spending time with her family and friends, camping, swimming and going on vacations together. She enjoys Friday night games at Mingus and Sunday football. Mrs. Bailey has been married to her high school sweetheart for 34 years and has two daughters and five grandchildren.

MARAUDER of the MONTH

TEACHERS AND COACHES ARE ASKED TO NOMINATE STUDENTS IN ALL ACADEMICS AND ATHLETICS DEPARTMENTS. THESE STUDENTS ARE THEN VOTED ON AMONGST THOSE TEACHERS & COACHES TO CHOOSE FINALISTS TO RECOGNIZE EACH MONTH. THESE STUDENTS ARE HIGHLIGHTED IN OUR NEWSLETTER AND INVITED TO RECEIVE RECOGNITION IN FRONT OF OUR COMMUNITY AT THE FOLLOWING MONTH'S BOARD MEETING.

Grace Lopez



ENGLISH & LITERATURE



Jagan Newell



SOCIAL STUDIES



Cairo Cook



FOREIGN LANGUAGE



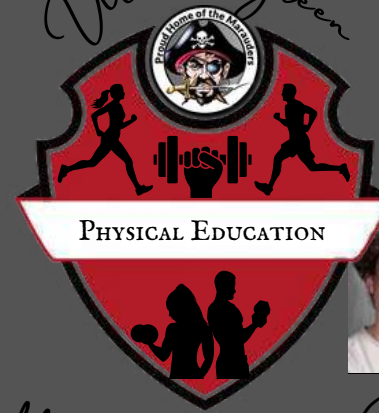
Jinn Herald



SCIENCE



Ulton Green



PHYSICAL EDUCATION



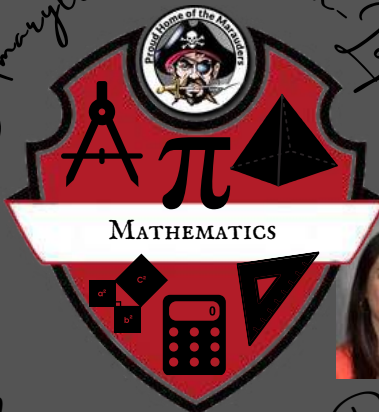
Joe Saggia



PERFORMING & VISUAL ARTS



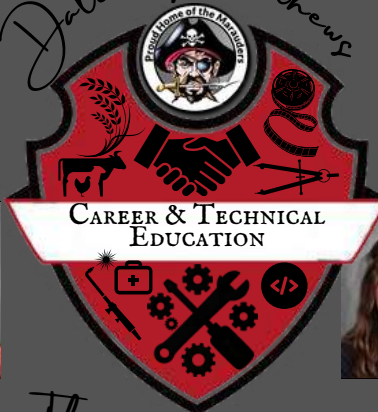
Amyrillis Castillon-Lopez



MATHEMATICS



Dalila Matthews



CAREER & TECHNICAL
EDUCATION



Ethan Mantiel



MALE ATHLETE



Kyah Pinion Thompson



FEMALE ATHLETE



Corys Morgan



PURSING VICTORY
WITH HONORS



Athletics Program - Mingus Union High School District

All current athletic events, team schedules and coaching information are posted to the [athletics page](#) for quick viewing. You can also subscribe to the [calendar](#) and receive daily emails by clicking the link below, then subscribe in the top right corner.

*Schedules are subject to change, so check often or call the athletic department for more info!

CLICK

MINGUS MARAUDER WINTER SPORTS PARENT MEETING

TUESDAY NOVEMBER 12TH
6 PM / MUHS MAIN GYM



IF YOUR STUDENT IS INTERESTED IN PLAYING ANY OF OUR WINTER SPORTS, PARENTS MUST ATTEND THIS MANDATORY MEETING

WINTER SPORTS INCLUDE: BOYS & GIRLS BASKETBALL, CHEER, BOYS & GIRLS SOCCER, BOYS & GIRLS WRESTLING

[HTTPS://WWW.MINGUSUNION.COM/ATHLETICS](https://www.mingusunion.com/athletics)



Sports Registration for WINTER SPORTS is now available!

Stop by the front office to pick up your athletic packet or visit www.mingusunion.com/athletics
You must be cleared by the Athletic Dept in order to participate in sports.
Contact the Front Office for more information

The following steps need to be submitted:

1. Family ID online registration needs to be created and/or renewed for the 2024/2025 school year.
2. Concussion course and Opioid course needs to be completed through the AIA online academy
3. All athletes need to turn in their 2024/2025 AIA sports physical evaluation form completed and signed.
4. Visit our website www.mingusunion.com/athletics for all your registration needs

No
Registration
turned in =
NO TRYOUTS!

FALL & WINTER SPORTS SCHEDULES HERE

CLICK ON THE ICON BELOW TO BE TAKEN TO THAT SPORT'S SCHEDULE





VALLEY
ACADEMY FOR
CAREER AND
TECHNOLOGY
EDUCATION



VACTE - The Valley Academy of Career & Technology Education & Yavapai College CULINARY PROGRAM

The VACTE & Yavapai College Culinary Program is an introduction to fundamentals and careers in food service. Class lessons are in accordance with Culinary Arts Standards/Measurement Criteria. This class is held in Sedona at the Yavapai College Campus across from Sedona High School. Food laboratory experiences focus on all aspects of food preparation including knife cuts, stocks, soups, sauces, contemporary cooking methods, while working with meats, seafoods, vegetables, and starches. Students will also gain knowledge and skills in measuring ingredients, breakfast cookery, garde manger, baking/pastry and cake decorating.

The Certificate in Culinary Arts Fundamentals is a 16 credit Yavapai College program designed to equip students with basic skills for the industry of food service. The program provides instruction in culinary concepts and terminology, kitchen safety and sanitation, equipment usage, basic nutritional guidelines, standard and metric measurements, food costing, and theory and practice in the preparation of a variety of food products. Courses emphasize fundamental cooking techniques and preparation methods for hot and cold foods, breakfast items, salads, sandwiches, dressings, breads and pastries. All culinary art students will test for certification in Servsafe Food Service Manager during their first semester of the program. This program consists of 4 college courses that can be completed in 2 semesters.



Throughout each semester culinary students are actively participating in real world food service events. The Wine Gala is held annually in mid-October and the Culinary students participate in live action; by preparing food in front of the guests and serving guests and local community leaders. Our students volunteer to cater and serve the Yavapai College Governing board luncheon. The Culinary students participate in Community Outreach events such as the Manzanita Saint Mary's Donor's events, and other events that teach students about giving back to their community.

At the completion of the VACTE & Yavapai College Culinary Arts program the students will have the ability to secure an entry level position in the food service industry. Culinary students will finish with workplace interpersonal skills to provide them with the ability to be successful in the workforce.





There's no doubt that our Verde Valley community knows how to come together to support those who live here! This page will list some of those amazing Community Resources and let you know some of the events and happenings they have planned this month.



Manzanita Outreach

Scan the QR code below for a Calendar of all this month's Food Share Events

CHECK OUT THE NEW MOHELP.ORG!

Now featuring comprehensive services. Find out what you are eligible for!

MOHELP.ORG



Volunteering with Manzanita Outreach

Manzanita Outreach has plenty of opportunities for you to support your community, especially in this time of need. From being a part of our innovative and fun food packing experience, to engaging directly with our neighbors during our award-winning food-shares, there is something for everyone. Please scan the QR code below and fill out the form to be contacted about current opportunities



Neighbors Helping Neighbors



Old Town Mission
116 E. Pinal Street
Cottonwood
928-634-7869

Mission Thrift Store
810 W Mingus Ave
Cottonwood
928-634-1644

FOOD PANTRY

Wednesday: 9 am - 2 pm & 4 pm - 6 pm
Thursday: 9 am - 2 pm

COMMUNITY MEALS

Monday, Tuesday & Friday: 11:30 am-12:30 pm
Monday: 5 pm - 6 pm
Wednesday: 4 pm - 6 pm (**Served to-go only**)

RESOURCE CENTER

* Available for those without residence:
Showers, breakfast, clothes, hygiene & resources
Monday, Tuesday & Friday 9 am - 11 am

THE KIDS SHOP

Monday - Thursday 9 am - 2 pm
Monday 5 pm - 6 pm
or call for an appointment 928-634-7869

HAIR SALON

Monday 4 pm to 5:30 pm
Tuesday: 9 am - 12:30 pm

VISION

1st Tuesday/month
10 am - 11 am

LEGAL

Call: 928-634-7869

MISSION THRIFT STORE

Tuesday - Saturday: 9 am to 5 pm
810 W. Mingus Ave. in Cottonwood

The Mission is a SNAP Community Partner

This project has been funded at least in part with Federal funds from the USDA. This institution is an equal opportunity employer and provider.



PLEASE SCAN THE QR CODE FOR MORE INFORMATION ABOUT THESE AND MORE OFFERINGS FROM THE OLD TOWN MISSION

Community Thanksgiving Dinner

Old Town Mission (116 E. Pinal St.)
November 18th, 2024
4:00pm to 6:00pm
*To-Go will be available- but we would love to share a meal with you.
*Photo Booth will be available for FREE Photos those dining with us

Wishing you all a BLESSED Holiday Season!



Flying Turkey HIGH

@ Fry's Food Store in Cottonwood Drive



Help the Old Town Mission collect turkeys for our **ANNUAL "GREAT TURKEY GIVEAWAY!"** Stop by and see us at Fry's Food Store, and pick up a turkey for a neighbor in need.

Financial Donations can be made online @ oldtownmission.org



YAVAPAI BROADCASTING CORPORATION



The Great Turkey Giveaway

Tuesday, November 26th from 9:00am to 4:00pm
116 E Pinal St. in Cottonwood
Only Turkey Dinner Boxes - Grocery Shopping is not available

Turkey Dinner Box Includes:

Frozen Turkey - French Fried Onions - Mashed Potatoes & Gravy
Mushroom Soup - Green Beans - Stuffing - Cranberry Sauce
Bread & Dinner Rolls - 6 inch Pie

- No Sign-Ups Necessary
- To pick up for someone, you must be listed as a proxy on their account
- One box per household
- Must have a permanent residence



BREAKFAST

NOVEMBER 2024
Mingus Union High School

Monday, Tuesday, Thursday, Friday:
7:30 AM – 7:55 AM
Wednesday:
8:30 AM – 8:55 AM




Monday	Tuesday	Wednesday	Thursday	Friday
				1 Fresh Baked Frosted Cinnamon Roll
4 Loaded Breakfast Burrito	5 El Monterey Breakfast Tornado	6 French Toast Sticks w/ Sausage Patties	7 Country Style Biscuits and Gravy	8 Fresh Baked Frosted Cinnamon Roll
11 	12 Jimmy Dean Breakfast Corndog	13 Mini Eggo Cinnamon Waffles w/ Sausage Patties	14 Country Style Biscuits and Gravy	15 Fresh Baked Frosted Cinnamon Roll
18 Loaded Breakfast Burrito	19 El Monterey Breakfast Tornado	20 French Toast Sticks w/ Sausage Patties	21 Country Style Biscuits and Gravy	22 Fresh Baked Frosted Cinnamon Roll
25 Chorizo Breakfast Burrito	26 Jimmy Dean Breakfast Corndog	27 Thanksgiving Break 	28 Thanksgiving Break 	29 Thanksgiving Break 

Students: \$1.50 / Adults: \$3.00 / Alternative and Vegetarian Options Available Daily / All Breakfast Meals Served with Fresh Fruit and Milk
Alternative Meals Available: Yogurt + Granola, Whole Grain Cereal, Uncrustable PB&J

LUNCH

NOVEMBER 2024

Monday, Friday: 11:50 AM – 12:25 PM
Tuesday, Thursday: 11:50 AM – 12:35 PM
Wednesday: 11:50 AM – 12:45 PM

Monday	Tuesday	Wednesday	Thursday	Friday
				1 French Bread Cheese Pizza w/ Celery, and Carrots
4 Popcorn Chicken Mashed Potato Bowl w/ Whole Grain Roll, Mixed Veggies	5 Beefy Nachos w/ Refried Beans, Lettuce and Tomato	6 Country Style Chili w/ Cornbread, Steamed Peas	7 Orange Chicken Veg Fried Rice Bowl w/ Broccoli and Cauliflower	8 Pepperoni or Cheese Pizza w/ Celery and Carrots
11 	12 Cheesy Enchiladas w/ Refried Beans, Lettuce and Tomato	13 Mac and Cheese w/ Soft Pretzel, Steamed Peas	14 Chicken Eggrolls w/ Veg Fried Rice, Broccoli and Cauliflower	15 Cheese Stuffed Breadsticks w/ Dipping Sauce
18 BBQ or Buffalo Chicken Wings w/ Whole Grain Roll, Celery and Carrots	19 Doritos Walking Taco w/ Refried Beans, Lettuce and Tomato	20 Corn Dog w/ Curly Fries, Waffle Fries	21 Teriyaki Chicken Rice Bowl w/ Broccoli, and Cauliflower	22 Pepperoni or Cheese Pizza w/ Celery and Carrots
25 Regular or Spicy Chicken Tenders w/ Whole Grain Roll, Steamed Peas	26 Pork Carnitas Street Tacos w/ Refried Beans, Lettuce, and Tomato	27 Thanksgiving Break 	28 Thanksgiving Break 	29 Thanksgiving Break 

Students: \$3.00 / Adults: \$5.00 / Alternative and Vegetarian Options Available Daily / All Breakfast Meals Served with Fresh Fruit and Milk
Alternative Meals: Grilled Cheese, Uncrustable, Hamburger or Cheeseburger, Spicy or Crispy Chicken Sandwich, Bean and Cheese Burrito
Salad Bar is free and open to all students during Lunch Period

